

## **Plan for Pastoral Sabbatical**

Name

Congregation

**Requested Dates for Sabbatical:** (start end)

**Pastoral Coverage:** (who and how coverage will be met)

### **Sabbatical Theme**

(General reason and result of the sabbatical)

Sample below

#### **Spiritual and Physical Rejuvenation**

1. Focus on daily prayer and devotional materials.
2. Reconnect with my local gym; lose weight gained over the last couple of years.
3. Develop better eating and sleeping habits.
4. Take time to float in my pool and relax.

#### **Relationships / Vocation**

1. Spend quality time with my wife and sons. Worship together as a family on Sundays and develop new devotional routines.
2. Look for opportunities to spend time with extended family and reconnect with friends out of our area.
3. Complete repairs / updates to our home.

#### **Creativity / Growth**

1. Spend some time doing some writing I have been putting off, perhaps beginning a web blog.
2. Read some books that have been on my shelf for quite a while, both religious and fiction, including "Center Church" by Timothy Keller.
3. Improve my ability to speak and write in Spanish.

#### **Expanding Horizons**

1. Spend time walking alongside other pastors with innovative ministries and worshipping with their congregations.
2. Consider some interesting travel off the beaten path, perhaps to visit a foreign mission (depending on our personal finances).
3. Consider short term deployment with the Red Cross to a disaster location.

**Costs for the above activities to be covered by the congregation (not including the cost of an interim Pastor):**

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<sup>i</sup> Peterson, Eugene H. "Sabbatical Is Not Study Leave." Leadership Journal, Winter 1988:74-75.